



El Molino del Conde

Welcome



Dear guests,

Welcome to the heart of Andalucía

Thank you for choosing El Molino del Conde for your stay in the south of Spain.

Whether you choose to relax and enjoy our facilities or explore the beautiful surroundings, we invite you to slow down and spend meaningful time with those you love.

Your unforgettable stay begins here.

Team El Molino

"Travelling in the company of those we love is home in motion"

EMERGENCY

112 | Spanish national number for all emergencies. English-speaking operators.

Nearest Health Centre:

Iznájar - Centro de Salud - 10 minutes' drive
+34 957 50 69 57



Get there:

There is an Accident and Emergency unit in Antequera, approximately 25 minutes away. Head south on the A-333 towards Salinas, then follow the A-92 motorway towards Sevilla and take the first exit signposted for Antequera. Follow the H signs for the hospital.

If an ambulance is required and you need to give directions, El Molino's track junction is located on the A-328 at kilometre 2.2. Please ensure that someone is waiting at the track junction to guide the ambulance. If you experience any difficulties, please message Kimberley using the number above.

El Molino at a glance



WiFi: El Molino

PASSWORD: EIMolino

Check In: 16:00

Check Out: 11:00



- You can reach our manager Kimberley by phone +34 679 781 233
- Our chickens provide you with **fresh eggs**, which you are very welcome to enjoy during your stay. As a thank you, they love leftover **bread and rice**. Please feed them **in the morning only**, as feeding later in the day will attract other unwanted animals.
- Luna, our house cat, is usually around the house. She loves being petted and enjoys company, but please note that **Luna is a farm cat and is not allowed inside the house**. Although she may find this a little disappointing, she is perfectly happy and well cared for outdoors.
- For safety and security purposes, CCTV cameras monitor **external entrances and access points only**. There are **no cameras inside the buildings or around the swimming pool area**. Footage is securely stored and automatically deleted after a few weeks.



Fire Safety

Please take fire prevention very seriously. A house or field fire can cause significant damage, and the nearest fire station is some distance away. Fire extinguishers are located at various points around the property, including near the barbecue area.

Barbecue

The stone barbecue by the pool is available for your use. However, the surrounding land can be extremely dry, especially during the summer months. Please take great care to avoid any stray sparks and always fully extinguish and dampen the ashes after use to eliminate any fire risk.



112 | Spanish national number for all emergencies. English-speaking operators.



Pool safety

Please take care at all times around the pool and always be aware of the whereabouts of young children and non-swimmers. A **lifebuoy** and **rescue rope** are kept in the pergola by the pool.

Our staff regularly **treats and cleans** the pool during your stay. However, if the water appears **cloudy or unusual**, please notify **Kimberley**, who will take the necessary action.

Please remember to **shower before entering the pool**. If possible, we kindly ask you to use **UV swim shirts** instead of sun cream, as sun cream is the main cause of water contamination.

Recycling and rubbish

Please take care of your own recycling and rubbish. There are four categories of waste, with containers available in every village.

- Beige container: General waste.
- Yellow container: Plastic packaging, tetra packs, plastic bottles and foil.
- Green bell-shaped container: Glass only.
- Blue rectangular container: Paper and cardboard.

Please do not leave rubbish bags outdoors, as farm cats or other wildlife will tear them open.

Sports Court, Pétanque & Table Tennis

The sports court can be used for tennis, badminton or volleyball, depending on your preference. In addition, there is a pétanque court available for guests to enjoy. All sports equipment can be found in the kitchen of the Casita. There are also two bicycles available, which are stored in the mill room.



Water

The tap water is safe to drink. For extra-pure drinking water, a micro-filtered supply is available from the small tap in the Comedor (Dining Room).

Electricity

Local power cuts can occasionally occur. In most cases, the power will be restored within a few minutes. If you suspect that a fuse has tripped, the fuse panel is located in the outside cupboard, down the steps from the main kitchen.

Gas

All cookers and the showers in the casita operate on gas cylinders (bombonas). These should be sufficient for your stay; however, if you believe that a cylinder has run out you can find a spare one in the Cochera (Garage) or, inform Kimberley to have it changed by our staff.





Catering

The local ladies from the village are very popular with our guests. They prepare wonderful traditional local dishes and are highly flexible in how often they come to the house to cater for you. They specialise in authentic Andalusian cuisine, including a variety of tapas and paella, all offered at very reasonable rates. Please see our menu suggestions for examples and inspiration.

If you are looking for something more exclusive, we can also arrange a private chef to cook refined, bespoke dishes in the house.

To make a booking or to discuss your wishes, please contact Kimberley.



Location

"El Molino del Conde is a unique and beautiful Andalusian cortijo which was a working water mill and bakery until the end of the 20th century, supplying bread to local farms and villages".

The heart of Andalucía

El Molino del Conde is situated in a privileged location in southern Córdoba. In only a few minutes by car it is possible to reach the provinces of Málaga and Granada.

If you choose to relax under the warm Mediterranean sun, a sea of olive trees will create a beautiful landscape in front of you.

If, on the other hand, you prefer to take advantage of this amazing position and organise some day trips, we encourage you to visit the lovely villages nearby.

For long-stays we recommend also to visit the capital cities (1h - Málaga / 1h 20min - Córdoba / 1h - Granada)



STREET MARKETS

This type of street markets are very common in Andalusia. From early morning, vendors set up their stands on one of the main streets of the village.

Shopping

Supermarkets & Street markets

Supermarkets

MERCADONA

Archidona
15 min drive

Rute
20 min drive



CARREFOUR

Antequera
40 min drive



COOP

Fuente del Conde
5 min drive



COVIRAN

Iznájar
15 min drive



Apart from these large supermarkets, there are numerous small shops in each village where it is possible to find all basic products.

Weekly street markets

MONDAY

Archidona- Calle Málaga
Loja- Tierno Galván

TUESDAY

Iznájar - Calle Coso

WEDNESDAY

Lucena - Calle Polvillares

THURSDAY

Villanueva de Tapia -
Ctra. del Nacimiento

FRIDAY

Villanueva de Algaidas -
Recinto Ferial

SATURDAY

Rute- Calle del Mercado

SUNDAY

Lucena - Calle
Polvillares

All street markets are open from 9:00 - 14:00.

Moreover, every Friday morning it is possible to enjoy **Arroyo de la Miel Market** next to Tivoli World, with a huge variety of cuisine in the province of Málaga.

There is also a huge street market in **Málaga (El Ferial)** every Sunday morning. It is known as "El Rastro" and located in Av. De Las Mañagueñas, Málaga.



Food & Cuisine



"Gastronomy is and always has been connected with its sister art of love"

The Mediterranean diet has been recognised as part of UNESCO's world cultural heritage since 2010. An important aspect of Andalusian life is eating out which is reasonably priced in most parts of Andalucía, especially if you know where to go.

The following pages contain a selection of genuine tapas bars and restaurants, where taste and tradition are the focus.



- **Bar Miguel**
 - Villanueva de Tapia
 - 10 minutes' drive
 - Location & info:



- **Olivo Blanco**
 - Iznájar
 - 10 minutes' drive
 - Location & info:



- **Restaurante Casa Manolo**
 - Salinas
 - 15 minutes' drive
 - Location & info:



- **Bar Central**
 - Archidona
 - 25 minutes' drive
 - Location & info:



- **Los Pajaritos**
 - Fuente del Conde
 - 5 minutes' drive
 - Location & info:



- **La Spiaggia**
 - Iznájar
 - 15 minutes' drive
 - Location & info:



TAPAS BARS &

In Spain it is very common to *share dishes* and as the portions here can be plentiful, do not be afraid to order some different options to share and taste together!



- **Casa Estela**
 - Villanueva de Tapia
 - 10 minutes' drive
 - Location & info:



- **Mokuren | japanese |**
 - Loja
 - 40 minutes' drive
 - Location & info:



- **Restaurante ABQ**
 - Loja
 - 40 minutes' drive
 - Location & info:



- **Hotel Rural La Paloma**
 - Villanueva de Tapia
 - 15 minutes' drive
 - Location & info:



- **Restaurante La Viñuela**
 - Villanueva de Algaidas
 - 30 minutes' drive
 - Location & info:



- **Restaurante Flati**
 - Loja
 - 40 minutes' drive
 - Location & info:



- **Bar La Tasca**
 - Villanueva de Algaidas
 - 30 minutes' drive
 - Location & info:

RESTAURANTS



& UNIQUE PLACES



The following places are special because of their atmosphere, sense of place and genuine Andalusian character. Each offers a unique experience, from memorable food to beautiful surroundings.



- **La Bobadilla**
 - Villanueva de Tapia
 - 25 minutes' drive
 - Location & info:



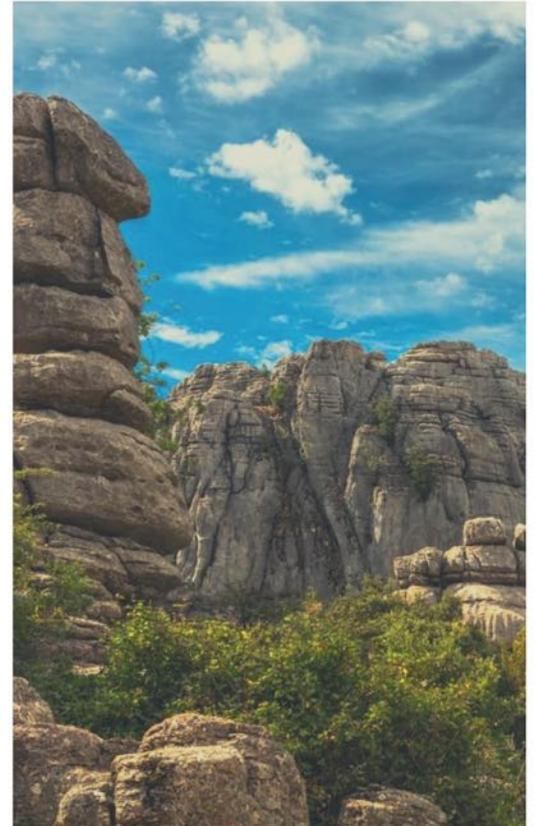
- **Restaurante Arxiduna**
 - Archidona
 - 30 minutes' drive
 - Location & info:



- **Restaurante Casa Piolas**
 - Algarinejo
 - 30 minutes' drive
 - Location & info:

Things to do

Specific suggestions



- **Hiking - El Torcal (Antequera):** One of the most stunning Natural Parks in Andalucía. It's well known for its astonishing limestone formations. There are two set routes. Moreover, hiring an expert guide it's possible at the Visitors Centre.
- **Scenic walk around the lake:** Visit the **dam** situated in Cuevas de San Marcos (30 minutes' drive) and enjoy the beautiful views. Once in the village, you will find an easy route to **Mirador Sierra del Camorro**. You may drive until the end of the road where there is a small place to park. From there, the viewpoint is only 10 minutes walking.
- **A visit to Riofrio, (25 minutes' drive)-** home to the world's first **organic caviar**. Have a pleasant walk along the river. It is possible to observe the trouts and sturgeons and learn about the **fish farms**.

"If you carry your childhood with you, you never become older"



Things to do

Specific suggestions



- **Equestrian Centre Cortijo Las Minas:** Riding we enjoy the privilege of forming part of nature, feeling a unique connection with the horse, the environment and ourselves.

It is a discipline open to everyone that you can try in the Equestrian Centre Cortijo Las Minas, managed by a friendly family.

For sure you will all love the amazing landscapes of the area.

- **GR Routes:** The Great Malaga Path is a pioneer route in Andalusia, which shows the territorial and environmental variety of the entire province and connects it in a unique journey. Hike, cycle... It is up to you!



- Key Facts:
 - 942 kms.
 - 35 stages and 6 alternative stages. Choose yours:

+34 952 756 037 | +34 682 727 899
info@centroecuestrelasminas.com



“Until one has loved an animal, a part of one's soul remains unawakened.”



Things to do

Specific suggestions



- **Río Chillar (Nerja):** This is an excursion, that requires a certain level of preparation, up the Chillar river. If you wish to complete the Nerja river walk (Río Chillar), all the way to "Vado de Los Patos" you will walk for about 8km to get there and another 8km to get back (through the same route).
- **Caminito del Rey:** Different nations have prospered throughout history at this place, which became rich in hydraulic structures and electricity sources especially in the last century. All of them are connected by the humble path called 'El Caminito del Rey' that goes along this nature spot - Desfiladero de los Gaitanes, in an unbelievable way.
Tickets must be booked in advance. The route is linear, not circular. It stretches in one direction, from north to south, so visitors need to organize the way back to the starting point by a shuttle bus.
- **Cueva del Gato:** The Cueva del Gato is one of the most unique cave complexes in Andalusia. The cat's cave supposedly takes its name from the cat-like appearance it has. The mouth of the cave is said to resemble a cat's face.



LOVELY

VILLAGES NEARBY & WINE CELLARS

Discover Málaga, Córdoba & Granada

LOJA - 35 minutes

Loja was considered the door to the kingdom of Granada, due to its position between two mountain ranges, which appear as strong bastions. Originally known as Medina Lawsa, it was taken by the Christians in 1486 and named "flower among thorns" by the catholic Queen Isabella. However, its Islamic heritage can be felt whilst wandering in the quarter of the Alcazaba, or fortress. The Christians erected grandiose temples and civil buildings, and, in the 19th century, the Narváez family embellished the town with palaces and gardens.

VILLANUEVA DE TAPIA - 12 minutes

This small village offers one of the best options to get close to the local culture. Tapas bars are welcoming and lively —especially at night. Don't miss its local market on Thursdays. From early morning, vendors set up their stands on one of the main streets of the village. You will be able to find many typical products of the local cuisine, fashion and accessories, tableware items and flowers, among others. Getting lost in the street market is a good idea to immerse yourself in the local atmosphere and, why not, end the morning with some beer and tapas.

MONTEFRÍO - 1 hour

Visiting Montefrío is an amazing experience as the magnificent Arab fortress and the Church de la Villa boldly sit on top of a rock. This is accompanied by beautiful scenery in the surrounding area. From the road that links Montefrío with Íllora, one can access the Peña de los Gitanos, a natural location terminating to the north by a large valley, and to the south by the Sierra de Parapanda.





IZNÁJAR

LOVELY

VILLAGES NEARBY & WINE CELLARS

Discover Málaga, Córdoba & Granada



RUTE

IZNÁJAR - 15 minutes

Iznájar is one of those charming and unforgettable white villages in the province of Córdoba. On the shores of the largest reservoir of the same name in Andalusia, this town looks as if it were emerging from the water.

This village offers a wide variety of activities due to its wealth of heritage, scenery and culture.

ARCHIDONA - 25 minutes

Archidona stands at the foot of the Pico del Conjuero mountain amidst olive groves and meadows, on the way that links Antequera with Granada. It boasts a myriad of places and elements of natural and urban interest.

Interesting monuments include Virgen de Gracia Sanctuary, built on the ruins of the old fortress and the Nazarene Chapel. Archidona is known because of its "mollete", a typical bread served with oil.



ARCHIDONA

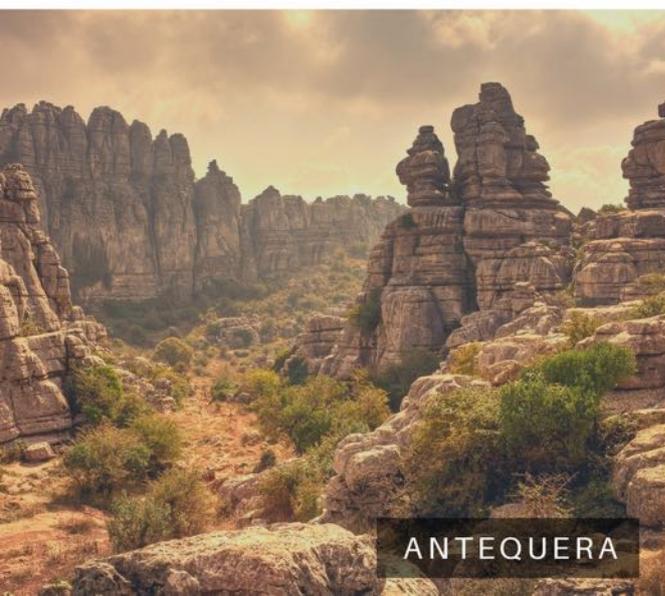
RUTE - 20 minutes

Set at the foot of the mountains, when you first spot Rute, you will be enchanted by that shade of white so typical of Andalusian towns.

Its traditional anisettes and its exquisite Christmas sweets have made it famous throughout Córdoba, Andalusia and Spain. The cured ham and cured meats just like its Extra Virgin Olive Oil, have long been praised by the most discerning palates.

ANTEQUERA - 40 minutes

To walk around Antequera is to go back in time. A glorious history that has left its mark in stately homes, churches and convents of the most varied styles, a Muslim fortress and a prehistoric ensemble that has been declared a World Heritage Site. The municipality also has one of the most astounding natural parks in the province of Malaga and in the whole of Spain, El Torcal.



ANTEQUERA

LOVELY

VILLAGES NEARBY & WINE CELLARS

Discover Málaga, Córdoba &
Granada

Bodega Descalzos Viejos (Ronda, 1 hour 35 minutes' drive)

This geographical area presents a wide variety of microclimates, influenced through the proximity of the Mediterranean and the Atlantic Ocean. The building is an old convent which dates from 1505. Because of the particular architecture, the visits must be arranged in advance.

info@descalzosviejos.com

Flavio Salesi (+34) 607 16 74 82

Paco Retamero(+34) 607 16 37 82

Vicente Inat (+34) 607 78 77 68



LOVELY

VILLAGES NEARBY & WINE CELLARS

Discover Málaga, Córdoba &
Granada

info@bodegagonzalobeltran.com
(+34) 629 45 55 58

Bodega Gonzalo Beltrán (Ronda, 1 hour 40 minutes' drive)

Grapes are organically grown, according to biodynamic criteria. The visit include a tour of the historical Finca Nogalera and a wine tasting in a genuine location.



Sports & Activities

Choose your own adventure



Iznájar - Camping Valdearenas

www.campingvaldearenas.es



Kayak & BTT routes
Sailboat
Climbing wall
Pedal boats

Archidona - Molino de Madaura

www.madaura.es



Hiking routes
Via Ferrata
Climbing wall
Zip lining

Antequera - Sobre2ruedas

E-Bikes

+34 952 701 955



Villanueva de Tapia

Tennis & Paddle tennis

Book the court:

+34 650 27 15 29



Time to relax?

"Make time daily for your well-being"

Give yourself a treat



During your stay at El Molino, a variety of on-site activities, wellness treatments and unique experiences can be arranged to enhance your time here. Many of these services are available at the house or in the surrounding natural landscape. For more info or bookings, please ask Kimberley.

- **Yoga Sessions**

Private yoga sessions can be arranged with an experienced instructor, either at the house or at the lakeside beach. Ideal for sunrise or sunset sessions, grounding moments between workshops, or as part of a retreat programme.

- **Massages**

Professional massage treatments are available at the house, including deep tissue, relaxing and holistic massages, tailored to your needs.

- **Reiki, Hypnotherapy & Beauty Treatments**

Qualified practitioners can visit El Molino to offer reiki, hypnotherapy, facials and other wellness therapies, providing personalised sessions in a calm and private setting.

- **Hairdresser at the House**

A surprisingly popular service, especially for retreats and special occasions. Ideal before a photoshoot, celebration or closing ceremony.

- **Spanish Night**

An unforgettable evening can be arranged at El Molino with a live guitarist, flamenco dancers and a singer, performing at the property.

We recommend combining this with a traditional Spanish dinner prepared by our local cooks, featuring tapas and paella, for a truly memorable experience.

Local Craft & Flavours

Pastries, handcraft & more



Taracea

The word *taracea* comes from the arab word 'Tarcí' which means to in crust. Taracea has been produced in Southern Andalucía, specially in Granada since the 14th century.

Artisans create a pattern on the furniture surface. Then they cut slices of wood to make a piece with a star shape.

Then adding all the pieces on, finally it is pressed to tighten up the pieces and set them into place. Finally it is filed to make sure that the top surface is perfectly level and then to finish it's varnished to seal.



Olive oil

Olive oil, enjoyed across borders and cultures, has become a cornerstone of the healthy Mediterranean diet. For generations, olive groves were the principal source of livelihood for the people of this region. Nearby **Jaén** is widely regarded as the olive oil capital of the world, producing some of the finest olive oils globally and shaping both the landscape and local way of life.

The olives are usually harvested when they have reached their optimal size, typically between December and February, ensuring quality and flavour.

At El Molino del Conde, small gift bottles of local olive oil are available to purchase — a perfect souvenir or taste of Andalusia to take home.

Local Craft & Flavours

Pastries, handcraft & more



Salmorejo - Porra fría

You have probably heard of *Gazpacho*, the refreshing soup made with vegetables of the Andalusian countryside, rich in vitamins and one of the standout dishes in summer.

Salmorejo, also known as *Porra fría* depending on where we are, consists of a similar recipe although its texture is thicker.



Torta de aceite

"Torta de aceite" is a traditional cake, with olive oil, toasted almonds and sugar. It is sold in bakeries and supermarkets in Villanueva de Tapia and surroundings.



Fajalauza

Tiles, pitchers, huge platters, beakers and basins are all beautifully formed and painted of blue or green and white using an ancient technique. The craft appeared during the Nazrid rule of the 13th - 15th centuries and has flourished and mutated ever since. Of course later on in Portugal entire buildings were faced in stunningly detailed *azulejos* (tiles).

Local Craft & Flavours

Pastries, handcraft & more



Salir al fresco

When going for a walk on a warm summer night you will notice how lively the small villages are in Southern Spain. Not so many years ago, families didn't used to have many amenities so sitting outside after dinner and talking for hours with neighbours was the best plan.

Even today, it is quite usual to find small groups of people spending time together and enjoying fresh air during the hot summer nights.



Mimbre - Wicker

It is clear that wicker is becoming more and more fashionable.

According to the western Feng Shui, the five elements - wood, fire, earth, metal, and water - must be present in each room within your home to balance the energy. In this case, wicker represents the wood element, as its organic material is derived from various types of plants.

Artesian works made in wicker are well-known in the local area: baskets, chairs, tables, lampshades and even old slings used for shepherding.



“Thank you for choosing El Molino del Conde. May the rhythm of Andalusia stay with you long after your visit.”